

**Cynthia L. Meyer, OTD, M.Ed., MS, OTR/L, OTA**

**Core Competencies and Skills:**

1. Teaching and learning with adult students in higher education (in-person and distance education), with cohort-based students and general education students. Faculty of the year in 2015 and 2019.
2. Lead division of health science faculty in 10+ health science programs and general health science courses. Complete administration of academic division operations. Organize and manage multiple programs' accreditation, assessment, personnel tasks, and operations (including management of over 70 clinical affiliation sites). Coordinate college-wide faculty development and support initiatives. Managed multiple facilities' rehabilitation departments including initial department start-up, daily operations, and personnel matters.
3. Coordinate inter-department and inter-division planning, communication, and task completion for program/division/college internal auditing, assessment, and external accreditation.
4. Mentor faculty members to strengthen teaching abilities and adherence to internal and external regulations. Led teams of therapy clinicians to develop and advance patient therapeutic interactions and compliance with federal, state, and reimbursement regulations.

**Education:**

**Eastern Kentucky University, Richmond, Kentucky. December 2018.** Post-Professional Doctorate in Occupational Therapy. Capstone project: *Cognitive and Metacognitive Factors in Reading Comprehension for Occupational Therapy Assistant Students.*

**Northcentral University, Prescott Valley, Arizona. February 2012.** Master of Education with specialization in Higher Educational Leadership. 27 credits of didactic material earned at PhD level.

**Texas Tech University Health Science Center, Lubbock, Texas. December 2005.** Master of Science in Rehabilitation Science with an emphasis in Clinical Practice Management.

**University of Tennessee, Memphis, Tennessee. December 1999.** Bachelor of Science in Occupational Therapy.

**Milwaukee Area Technical College, Milwaukee, Wisconsin. May 1991.** Associate of Applied Science in Occupational Therapy Assistant.

**Work Experience:**

**South Arkansas Community College, El Dorado, AR. 2002-present.**

*Positions.* Dean of Health Science. Health Science Program Specialist. Director and Academic Fieldwork Coordinator of Occupational Therapy Assistant Program. Professor.

*Administrative Responsibilities.* Multiple academic department: operational management and personnel leadership (including supervising, mentoring, and evaluating faculty [clinical and academic] and administrative specialists; budgeting, procurement, marketing, grant writing, college and program

accreditation compliance reporting, and maintaining daily operations); curriculum and program development and assessment; student advising, recruiting, and retention; liaison and coordinate with other college departments and divisions, external agencies and partners, internship sites, and regional employers to ensure success with various program, division, and college activities, student achievement goals, and graduation rates. Manage health science academic programs, provide accreditation and assessment counsel to various academic programs.

*Service (councils, committees, ad-hoc committees, task forces).* Academic Affairs Council (Chair), Academic Support, ADA Program Standards, Assessment, College 25th Anniversary, College Knowledge Services, College Planning (Strategic and Operational), Complete College America, Counseling Department Standards (Chair), Course Syllabus (Chair), COVID-19 College Athletic Return to Play, Developmental Coursework, Diversity-Equity-Inclusion, Employee Club By-Laws, Employee Relations, Enrollment, Ethics Committee (South Arkansas Regional Hospital), Faculty Affairs, Faculty and Employee New Hire Selection (various college divisions [including for college president]), Faculty Manual Review, Food Pantry, Higher Learning Commission Criterion One, Higher Learning Commission Criterion Two (co-chair), Internal Communications, Natural Science Course Alignment, Pre-College, Professional Development (Chair), Program Advisory Boards (Emergency Medical Services, Occupational Therapy Assistant, Radiology Technology, and Secondary Education - Health Science Technology), Student Behavioral Incident Team, Student Guided Pathways, and Title IX (Lead Investigator).

*Teaching.* Taught all courses within occupational therapy assistant program. Taught Medical Terminology, Kinesiology, and Personal and Community Health. Assisted with physical therapist assistant program laboratory sessions. Guest lecturer for certified nursing assistant students. Teaching includes in-person and distance education.

**Career Staff Unlimited, Memphis, TN. 2002.** Registered Occupational Therapist. Patient evaluation and intervention in long term acute care, skilled nursing, and inpatient/outpatient oncology pediatric care.

**Rehab America, Memphis, TN. 1998-2002.** Facility Rehabilitation Director (multiple buildings). Lead Occupational Therapist. Student Coordinator. New Graduate Mentor. Registered Occupational Therapist. Certified Occupational Therapy Assistant. Budgeting (developed for new departments and monitored for existing departments), new department set-up, billing compliance and coordination with nursing department and business office, daily supervision of therapy staff and clinical supervision of occupational therapy assistants (including interviewing, personnel evaluation, and management), new employee orientation, Fair Hearing and Administrative Law Judge reviews. Patient evaluation and intervention in skilled nursing and long-term care.

**Healthsouth, Memphis, TN. 1995-1997.** Certified Occupational Therapy Assistant. Developed and implemented cognitive retraining program and rehab dining program. Patient intervention in skilled nursing, long-term care, inpatient rehabilitation, outpatient clinics, and home health.

**CMS Therapies, Brown Deer, WI. 1994-1995.** Liaison for Restorative Nursing Department. Liaison for Medicare Nursing Meetings. Certified Occupational Therapy Assistant. Lead practitioner for craft, exercise, and eating skills group. Developed and implemented cognitive disabilities program for nursing staff and family members. Patient intervention in skilled nursing and long-term care.

**Nova Care, West Allis, WI. 1992-1994.** Restorative Nursing Supervisor. Acting Facility Director. Certified Occupational Therapy Assistant. Supervised and scheduled four restorative nursing assistants. Provided supervision for a therapy staff of approximately six. Patient intervention in skilled nursing, long-term care (geriatric and psychiatric).

**Roseville East, Milwaukee, WI. 1992.** Activity Director, Supervised and evaluated activity department staff and volunteers. Managed department budget. Provided leisure evaluation and activity group/individual intervention.

**Milwaukee County Mental Health Complex, Wauwatosa, WI. 1991-1992.** Certified Occupational Therapy Assistant. Provided activity and occupational therapy intervention to groups and individuals with mental illness and mental health concerns.

### **Teaching Experience:**

#### **South Arkansas Community College.**

##### *Professor.*

- “Kinesiology”. 2022.
- “Personal and Community Health” (in-person and distance education). 2022, 2024.
- “Medical Terminology” (in-person and distance education). 2021-2022
- Occupational Therapy Assistant Program (all courses). 2003-2021.

##### *Guest Lecturer.*

- “Occupational Therapy related to Certified Nursing Assistant Duties” (for Secondary Education - Health Science Technology students). 2013-2014, 2022.

##### *Substitute Lecturer.*

- “Medical Terminology”. 2023.
- “Kinesiology”. 2012-2014, 2016-2017.

##### *Presenter (for faculty professional development).*

- “Reflection with Students”. 2019.
- “Healthy Behaviors–Ergonomics”. 2017.
- “Ergonomics in the Workplace”. 2011.

#### **American Occupational Therapy Association.**

##### *Presenter.*

- “Scholarship Agenda: Who, What, When, Why, and How?” (co-presentation). National conference, 2020.
- “Title IX and Its Impact on Occupational Therapy Education” (poster). National conference, 2018.
- “OTA Course Assessment and Its Place within the Program Evaluation Plan” (poster). National conference, 2018.
- “Academic Fieldwork Coordinator Workload: A Balancing Act!” (panel). National conference, 2009.
- “Accreditation Council for Occupational Therapy Education Standards for Fieldwork: Brainstorm Strategies for Implementation” (panel). National conference, April 2009.

### **National Institute for Staff and Organizational Development.**

*Presenter.*

- “Cognitive Factors and Metacognitive Factors in Reading Comprehension” (presentation selected, however conference cancelled due to COVID-19). National conference, 2020.

### **Arkansas Community College Association.**

*Presenter.*

- “Cognitive Factors and Metacognitive Factors in Reading Comprehension” (short course). State conference, 2019.

### **Occupational Therapy Association.**

*Presenter.*

- “Occupational Therapy Practice Framework and the Use of Activity: Occupation-Based vs. Purposeful vs. Preparatory Method” (workshop). State conference, 2005.

### **Various other.**

- University Of Central Arkansas. *Guest lecturer.* “Representative Assembly of the American Occupational Therapy Association: What it is all about and how it works” (Professional Foundations entry-level occupational therapy doctorate course). 2019.
- Union County (AR) Leadership Program. *Presenter.* “Caregiving for the Aging Parent”. 2015.
- Commonwealth Dialysis Clinic (Milwaukee, WI). *Presenter.* “Body Smarts: Moving and Staying”. 2010.
- Our Savior Lutheran Women’s League (AR). *Presenter.* “Stress Management”. 2003.
- University of Tennessee – Memphis: Community Occupational Therapy Student Fieldwork Program. *Guest Lecturer.* “Cognitive Disabilities Screening and the Mentally Ill Client”. 2001.
- Memphis (TN) Stroke Recovery Support Group. *Presenter.* “Occupational Therapy Resources for the Stroke Survivor”. 2000.
- Covington (TN) Community Caregiver Association. *Presenter.* “Occupational Therapy Support for the Caregiver”. 2000.
- Harbor House Drug and Alcohol Recovery Center (Memphis, TN). *Guest Lecturer.* “Taking Care of Your Parent” (parenting class). 1997.
- CMS Therapies (Milwaukee, WI). *Presenter.* “Ballroom Dance and Rehabilitation”. 1995.

### **Professional Positions Held:**

#### **American Occupational Therapy Association.**

- Representative Assembly. *Arkansas State Representative.* 2016-2019, 2019-2021.
- University of Tennessee – Memphis. *Student Representative.* 1997-1990.
- OT Week. *Editorial Advisor.* 1995-1997.

#### **Arkansas Occupational Therapy Association.**

- *Secretary.* 2013-2015.
- Legislative Committee. *Chair.* 2007-2008.
- Conference Committee. *Member.* 2007.

- Ethics Committee. *Chair*. 2005-2006.
- *Finance Chair*. 2005-2006

### **Tennessee Occupational Therapy Association.**

- West District. *Chair*. 1999-2000. 1996-1997.
- *Certified Occupational Therapy Assistant Representative*. 1996-1997.

### **Various other.**

- Northcentral University. Dean's Learner Advisory Board. *Member*. 2011.
- Wisconsin Occupational Therapy Association. *Southeast District Newsletter Co-Editor*. 1994.
- South-Eastern Wisconsin Association of Suicidology. *Board Member*. 1986-1988.
- Students Against Suicide. *Chairperson*. 1986-1988.

### **Professional Affiliations:**

#### **Licensure.**

- Arkansas. Occupational Therapist. 12/04/2002-present.
- Tennessee. Occupational Therapist (Thermal and Electric Physical Agent Modality Certification), (Inactive status). 1995-2002.
- Wisconsin. Occupational Therapy Assistant, (Not active). 1991-1995.

#### **Certification.**

- National Board for Certification in Occupational Therapy. (08/23/1991 COTA and 05/05/2000 OTR, #0979398). 1991-present.

#### **Membership.**

- Alpha Omega Tau (national occupational therapy assistant honor society). *Founding committee member*. 2018-2021.
- Eastern Kentucky University. Phi Kappa Phi (Chapter 122). 2017.
- Northcentral University. Alpha Delta Epsilon chapter of Kappa Delta Pi. 2011.
- Arkansas Occupational Therapy Association. 2003-present.
- Tennessee Occupational Therapy Association. 1995-2002.
- Southwest Tennessee Community College. Phi Theta Kappa. 1995.
- Wisconsin Occupational Therapy Association, 1992-1995.
- American Occupational Therapy Association. 1991-present.

### **Honors:**

#### **South Arkansas Community College.**

- Outstanding Faculty Member for Health Science and Overall. 2019.
- Outstanding Faculty Member for Health & Natural Sciences and Overall. 2015.
- Outstanding Faculty Member for Health & Natural Sciences. 2007.

#### **Various other.**

- Arkansas Occupational Therapy Association. 10-Year Dedicated Service Award. 2016.
- CMS Therapies. Employee of the Month. 1995.
- Wisconsin Chapter of Youth Suicide Prevention. Youth Citizenship Award. 1989.

**Volunteer Efforts:****American Occupational Therapy Association. Representative Assembly.**

- Minutes Committee. 2019-2021.
- Sustainability and Climate Change Position Statement Work Group. 2021.
- Safe Patient Handling Task Group. 2020-2021.

**National Board for Certification in Occupational Therapy. 2014-2016**

- Work group member for item writing and standard setting.
- Individual item writer.
- Beta tester for new development personal assessment website activities.

**South Arkansas Community College.**

- Girls Learning Math and Science. 2014, 2015, 2018.

**Professional Development for past five years:**

6/2023 Towards a Better Understanding of Self-Regulation and BEST Strategies in Partnership with Moira Peña Sensory Workshops

6/2023 Supporting Pediatric Engagement in Community Mobility

6/2023 Mental Health First Aid Awareness

6/2023 Complex Regional Pain Syndrome: Functional, Biomechanical, and Psychosocial Interventions

6/2023 Patient Engagement Strategies

6/2023 Educating Future Occupational Therapists

6/2023 Occupational Therapy and Case Management: Focused on Holistic Care and Functional Outcomes

6/2023 Naturally Build Reflex Activities into the School Day

6/2023 Back to the Basics when Looking at Maladaptive Behaviors

5/2023 Improving Balance Following Neurological Injury 01/2023 Course Design and Management

1/2023 New Employee Orientation for Non-New Employees

8/2022 Content Creation

8/2022 Everyday HR & Timecard Training

8/2022 Curriculum Changes Training

4/2022 Think Tank for STEM Partnerships: Connecting STEM to School, Business, and Community

3/2022 Open Education Arkansas: Exploring Open Education in Arkansas

2/2022 Increasing Student Engagement, Persistence, and Success Online Using Emotion Science

1/2022 POTS and COVID-19 Long Haulers

11/2022 Pregnancy Discrimination: Legal Requirements and Practical Guidance

10/2021 Decrease Gossip/Increase Positivity among Interdisciplinary Teams

9/2021 Psychological Assessment and the Importance of Context with Transgender and Gender Diverse Persons

6/2021 Kawa Model and Occupational Therapy

6/2021 Financing Options for Nonprofit Higher Ed Institutions: Market Overview and Financing Trends

5/2021 The Open-Source Revolution: Scaling Learning Programs for the Long Term

5/2021 Work from Wherever: Ergonomic Tips for a Safe and Healthy Workstation Set-Up at Home

5/2021 Durable Medical Equipment for Activities of Daily Living

5/2021 Academic Leadership Council

5/2021 Understanding Privilege for Health Professionals

- 5/2021 How Information Literacy Can Support Occupational Therapy Practice
- 5/2021 Improving Your Professional Writing: Tips to Assignment and Publishing Success
- 5/2021 Nurture the Leader Inside: Making an Impact as Occupational Therapy Professionals
- 4/2021 Intervention Strategies for OTAs
- 4/2021 Early Intervention and Standing
- 4/2021 Medical Errors and OT Practice: How to Avoid Errors and Improve Practice
- 4/2021 Competency Based Medical Education: What is it, Why it Matters, and How to Start Implementing
- 4/2021 Teaching Strategies to Encourage Independent Strategic Learning
- 3/2021 Copyright Basics for Academia
- 2/2021 Blackboard Ultra
- 2/2021 Collaboration and Changes of Control: Service Agreements, Consortia, Mergers, and Acquisitions in Higher Education
- 2/2021 Ally (use within Blackboard)
- 2/2021 What is Severe, Persistent, and Objectively Offensive Title IX Sexual Harassment?
- 2/2021 What is Affirmative Consent?
- 2/2021 Constructing Exam Items to Enhance Academic and Certification Exam Performance: The Art and Science of Item Writing
- 1/2021 Micro-messaging to Reach and Teach Every Student
- 1/2021 Applying Evidence for Best Practice in Mental Health Settings
- 12/2020 Career Services Revival
- 12/2020 Suicide Awareness, Assessment, and Intervention
- 12/2020 Understanding Medicare Appeals Process and the Medicare Manual for Rehabilitation Services
- 12/2020 Professional Practice Models for OT
- 12/2020 OSHA Bloodborne Pathogens
- 11/2020 Introduction to Clinical Management and Supervision
- 11/2020 Quality Assurance and Performance Improvement in Skilled Nursing Facilities
- 11/2020 Making a Successful Transition from Clinician to Manager
- 11/2020 OSHA: Environmental Cleaning
- 11/2020 HIPAA: Clinical Training for the Healthcare Setting
- 11/2020 Group and Concurrent Therapy: Modes of Treatment for the SNF Clinician
- 11/2020 Athletics in the ERA of COVID-19
- 11/2020 Change the Game: Occupational Therapists in Academic Settings
- 11/2020 ACOTE Fall Self-Study Workshop
- 11/2020 2020 Fall Academic Leadership Council Meeting
- 10/2020 Blackboard Collaborate
- 9/2020 SNF Rule Changes for Medicare Part A and B for 2020-2021
- 9/2020 Trauma Informed Title IX Investigations
- 9/2020 Neurobiology of Trauma in College Sexual Assault Investigations
- 9/2020 Instructional Design: What's the point?
- 9/2020 COVID-19: Lemons – Lessons Learned – Lemonade
- 9/2020 OSHA: Personal Protective Equipment
- 9/2020 Living with Heart Failure: The OT Role
- 8/2020 The Community College Baccalaureate and Its Role in the Higher Education System
- 8/2020 Health People 2030
- 7/2020 Creating an Equity-Minded Framework for Online and Traditional Courses

7/2020 PPE and Safe Social Distancing in Class, Lab, and Clinic  
 7/2020 Teaching Online: Best Practices for Asynchronous & Synchronous Delivery  
 5/2020 2011 to 2018 Standard Changes  
 5/2020 Introduction to Research Skills: Information Literacy  
 5/2020 Write Like a Scholar  
 5/2020 New Title IX Regulations  
 4/2020 ACOTE Spring Academic Leadership Council webinars  
 4/2020 Improving Hospital Deconditioning & Physical Impairment in COVID-19 Era: Practical Strategies  
 4/2020 Decoding Digital Abuse: Prevention for 2020 and Beyond. Pending Title IX Regulation Insights  
 4/2020 COVID-19: Labor and Employment Issues in Higher Education  
 4/2020 COVID-19 and Living with Dementia: Maintaining Well-Being and Purpose  
 4/2020 Promoting Patient Engagement in COVID-19: Acute Care and Rehabilitation  
 3/2020 Positive Psychology and Occupational Therapy: A Winning Combination for Improved Outcomes  
 2/2020 Differentiated Learning  
 2/2020 The Role of Occupational Therapy in Supporting Literacy Across the Lifespan  
 1/2020 Behavioral Health and Trauma-Informed Care  
 1/2020 Bridges Out of Poverty  
 1/2020 Student Conduct: Classroom Management and Best Practice  
 10/2019 Marketing from State-Level: Future Initiatives & Campaigns For Arkansas Community Colleges  
 10/2019 Neurodiversity: Community Colleges Meet the Challenge  
 10/2019 From Textbook, Classroom, and Beyond: Globalizing Curriculum  
 10/2019 Championing DACA Students Through Higher Education  
 10/2019 Co-Teaching: A Blended Approach  
 9/2019 English Language Learner: Second Language Acquisition  
 9/2019 English Language Learner: Formative Assessment  
 9/2019 Older Adult Personal Emergency Responses: Losing Independence & Increased Morbidity Risk  
 9/2019 Occupational Safety and Health Act  
 9/2019 Introduction to CPT Codes: Codes Used by PT & OT  
 9/2019 CPT Codes 97110-97799 Utilized by PT & OT  
 8/2019 Medical Spanish for Rehabilitation Professionals: A New Approach to the Basics  
 7/2019 Montreal Cognitive Assessment score certification  
 7/2019 Use of Simucase  
 7/2019 ACOTE: What is a Curriculum Framework  
 7/2019 Care Transitions, Rehabilitation and Readmission Reduction  
 7/2019 Bladder Control: Stress Incontinence and Pelvic Floor Muscle Training  
 7/2019 ACOTE's Strategic Plan and Program Evaluation  
 6/2019 Everyday Application of the AOTA Code of Ethics  
 6/2019 Occupational Therapy Mental Health Housing, and Recovery  
 6/2019 Therapy Management of Burn Injuries  
 6/2019 Using PNF to Improve Upper Extremity and Trunk Flexion